

The American Red Cross

The American Red Cross, a humanitarian organization led by volunteers and guided by its Congressional Charter and the Fundamental Principles of the International Red Cross Movement, will provide relief to victims of disasters and help people prevent, prepare for, and respond to emergencies.



American Red Cross

Arlington County Chapter

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Arlington County Chapter
4333 Arlington Blvd
Arlington, VA 22203

Phone: 703-527-3010 x735
Fax: 703-527-2705
Web: www.arlingtonredcross.org



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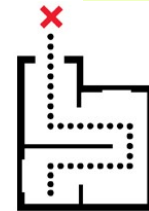
American Red Cross School Programs



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Arlington County Chapter

A guide to Red Cross courses offered in Arlington County elementary and middle schools



Red Cross School Programs

Each of the following lessons is reinforced with colorful visual aids, experiential activities, stickers, videos, and/or Red Cross certificates of completion.

Grade levels suggested are flexible. Lessons can be tailored to a variety of ages.

SCRUBBY BEAR

Grades PreK — 1

45 minutes



Students learn about germs and responsible behavior to reduce and prevent the spread of infectious diseases. The adventures of Scrubby Bear also highlight when, how, and how long to wash your hands. Participants receive their own paper Scrubby Bear to decorate, a certificate, and Scrubby Bear sticker.

WHALE TALES

Grades K — 2

1 hour

WHALE (Water Habits Are Learned Early) Tales teaches children about safe behavior in, on, and around water. These lessons work well in the classroom — no water required.

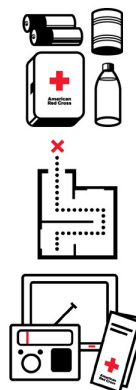


BE RED CROSS READY

Grades 2 — 5

1 hour

Get a kit, make a plan, be informed. These simple steps help students learn the importance and ease of being prepared for any disaster. Students discuss how to make a proper disaster kit, and are given information to take home to help their families get prepared for the unexpected.



MASTERS OF DISASTER

Grades 3 — 4

2 hours

Masters of Disaster teaches students about the science of several natural disasters, such as lightning, floods, hurricanes, tornadoes, and earthquakes, and how to prepare for such emergencies. The lesson finishes with a game of Jeopardy for review.



BASIC AID TRAINING (BAT)

Grades 3 — 6

1.5 hours



BAT teaches children about recognizing an emergency, injury prevention, and what to do for several types of common emergencies, such as burns, bleeding, broken bones, and choking. Students are able to practice their first aid skills by bandaging and creating slings.

Ready for the Red Cross?

If you'd like the Red Cross to come to your school to provide any of these lessons, please contact:

Heather Pritchett

Manager of Volunteer Services

703-527-3010 x735

hpritchett@arlingtonredcross.org

All courses are offered

FREE of charge.

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